# How to use Microsoft Teams for 1:1 support

1. Type **office.com** into the address bar of your web browser.
2. Click **Office 365 Login.**
3. **Sign in** using your **Bangor University username** and **password.**
4. Click **Teams.**

5. Click **Use the web app instead**.

6. When your **1:1 tutor calls**, your screen will looks like this:

7. Click here for **a video call** witwitwitClick here